



THERE'S NO SUCH THING AS AN OFF SEASON.

Softball House League Clinics



ESPORTST.COM

FOR ALL AGES

SPACE IS LIMITED ALL PLAYER'S MUST PRE-REGISTER

5 Week Camp
Sundays Mar. 4th, 11th, 18th, 25th Apr. 1st

Throwing, Catching, & Fielding

9am-10am

Pitching

Session #1: 10-11AM

Session #2: 1:30pm – 2:30pm

Hitting

11:30pm-1pm

\$55 non-member per 5 week clinic

\$50 member per 5 week clinic

Hitters will learn basic mechanics, hit various speeds off the machine, and correct their form in hitting stations.

Pitchers will learn basic mechanics, work on form, speed, and control.

Throwing, Catching & Fielding: Players will go through workouts to learn proper throwing mechanics, get better at catching, and work on proper fielding skills.

Elite Sports Training strives to provide athletes with an opportunity to “properly” master the fundamentals, receive advanced training, and reach their fullest potential as athletes.

Location: New Era Park Blasdell
4817 Lake Ave.,
Blasdell, NY 14219

Contact:
Jesse at 716-390-2034 or
jesse@buffalorecruit.com

What to bring: Practice clothes, sneakers, glove. Helmets and bats will be provided if needed.

Please register online at www.esportst.com instead or mail form to address below

Name: _____ Age: _____
Email: _____ Phone (Home/Work): _____
Phone (Cell): _____

PRICE IS PER CLINIC	Non-Member	Member	Amt. Pd.	Date	<input type="checkbox"/> Credit <input type="checkbox"/> Cash <input type="checkbox"/> Check
Throw, Catch, Field	<input type="checkbox"/> \$55	<input type="checkbox"/> \$50			
Pitching #1	<input type="checkbox"/> \$55	<input type="checkbox"/> \$50			
Pitching #2	<input type="checkbox"/> \$55	<input type="checkbox"/> \$50			
Hitting	<input type="checkbox"/> \$55	<input type="checkbox"/> \$50			

Make Check Payable to Elite Sports Training and Mail check and this form to:
Elite Sports Training 171 Delray Ave. West Seneca, NY 14224

**SOFTBALL
2012
HOUSE
LEAGUE
CLINICS**

WAIVER

I understand the physical risks involved with participation in sports and hereby release New Era and the camp staff from responsibility for injury that may occur to my child on the way to, during, or returning home from the clinic. I approve of my child's participation and verify that she is in good health.

(Parent or guardian signature)